

# monthly self-reflection

CREATE A LIFE YOU LOVE

WHAT ARE SOME **GOOD MEMORIES** I EXPERIENCED THIS MONTH?

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WHAT IS THE **BIGGEST LESSON** THAT I LEARNED?

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WHAT AM I PROUD OF THIS MONTH?

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WHAT DO I WANT TO TAKE FORWARD WITH ME, AND WHAT DO I WANT TO LEAVE BEHIND MOVING FORWARD?

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